

NATURAL PROGESTERONE CREAM

Description of Contents

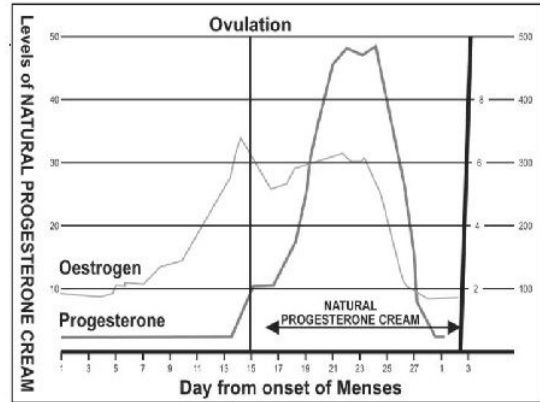
Natural Progesterone Cream contains

Progesterone 2000mg (4%),
shea butter, grapeseed oil,
avocado oil, cocoa seed butter,
marula seed oil, caprylic/capric triglycerides,
cetyl alcohol, glycerin,
coco caprylate/caprinate,
cetearyl glucoside, ricinus communis,
levulinic acid, coco glucoside,
tocopherol acetate,
hydrolyzed castor oil,
carnauba wax, beeswax,
sodium phytate, sorbic acid,
lactic acid, citric acid.

Our Natural Progesterone Cream does NOT contain

animal oils, colorants, harmful preservative,
and is not tested on animals.

A DIAGRAMMATICAL CHART SHOWING A MONTHLY MENSTRUAL CYCLE OF NORMAL OESTROGEN AND PROGESTERONE LEVELS AND WHEN NATURAL PROGESTERONE CREAM SHOULD BE USED.



Recommended for the following symptoms of Oestrogen dominance: -

Mild depression, mood swings, panic attacks, sleeping problems, bloating, peri-menopausal weight gain, irregular menstrual cycles, mastitis, fibroids, increased risk of breast cancer and other oestrogen cancers, fibrocystic breast disease, fertility problems water retention, decreased libido, increased risk of stroke and heart disease, thinning skin, chronic fatigue, hypertension and high blood pressure, migraine headaches, incidental in the start of osteoporosis and other menopausal complaints.

PROGESTERONE RESTORES HORMONAL BALANCE

Also recommended for diseases and imbalances that can develop from hormonal imbalance.

Alzheimer's, aggression, allergies, alcoholism, auto-immune disease, arthritic pain and swelling, hypoglycaemia, hyperglycaemia, cancer, constipation, epilepsy, eye problems, polycystic ovaries, endometriosis, skin disorders, acne, cracked heels, bruising, thyroid problems, urinary tract infections.

DIRECTIONS

Maybe Mom Natural Progesterone Cream can be applied anywhere on the skin, but for rapid absorption, thin-skinned areas preferably on labia during the day and intra vaginal application at night for the best absorption.

After the initial 3 months, the best dosage is HALF the recommended daily dose in the morning and HALF at night.

Women

For the first three months, when treating all problems, it is advisable to use large doses to release xeno-oestrogens, at least one bottle per month. Thereafter you may reduce the amount of cream used, depending upon your symptoms.

- 1. Menstruating Women** – PROGESTERONE should be applied from OVULATION (approx. day 13 of your cycle) to the end of the cycle. The recommended daily dose for the first 3 months ... starting with **2 ml** increasing over a period of 14 days to **4 ml**. **Thereafter the dose should be halved or adjusted to suit your specific needs**

REFER TO DIAGRAMMATICAL CHART SHOWING A MONTHLY MENSTRUAL CYCLE OF NORMAL OESTROGEN AND PROGESTERONE LEVELS AND WHEN NATURAL PROGESTERONE CREAM SHOULD BE USED.

2. Peri-menopause. The recommended daily dose is either **3-4ml** from day 13 to 28, or **2 ml** continuously throughout the month, (leaving a period of 5 free days each month), which ever controls the symptoms.

3. Menopausal Women. **2 ml** continuously throughout the month, leaving a period of 5 free days each month

4. Postmenopausal Women. Apply **1 ml** from day 1 continuously throughout the month. A period of 4 or 5 days should be left progesterone free every few weeks during periods of low stress.

5. Osteoporosis. Apply following instructions per **1, 3 or 4** depending on your cycle

6. After a Hysterectomy. For the first 2 years apply **2-4 ml** (as in **1**), thereafter as in **4** for postmenopausal women as the ovaries will have then atrophied.

7. After an Oophorectomy. Apply as in **4** for a post-menopausal woman.

8. Pre-pubertal, pubertal. Apply **1 ml** throughout the month until a period starts, thereafter start on the 13th day following a period and stop on the 28th day. This should regulate the cycle.

Men Use **0.25 –1 ml** continuously to control the symptoms, with a break of 5 days each month.



STORE IN A COOL, DRY PLACE.

For further information contact:

Know Your Fertility SA t/a MaybeMom SA

Kontak ons op 087 33 00 576 of e-mail: info@maybemomsa.com



Visit our website for other exciting family planning products.

www.maybemomsa.com

